

The Park Chronicle

10604 E. 13th St. N. | 316-337-5450

REGENT PARK
REHABILITATION & HEALTHCARE

May
2025

MAY RIDDLE

What do mermaids wash
their tails with?

A: Tide

What did the spring say
when it got into trouble?

A: May Day

Celebrating May

May Day/Lei Day - 1st

Kentucky Derby - 3rd

Wildflower Week

May 4-10

Cinco De Mayo - 5th

Mother's Day - 11th

Biographer's Day - 16th

International Coaching

Week May 12-18

Memorial Day - 26th

More Than Margaritas

Cinco de Mayo—which is Spanish for “Fifth of May”—is often a cause for celebration among Mexicans and most anyone else interested in Mexican food, drink, and music. Some less-informed revelers will claim Cinco de Mayo as the day of Mexico’s independence. Those in the know will tell you it celebrates the Mexican army’s 1862 victory over the French at the Battle of Puebla, led by General Zaragoza.

In 1862, Mexico had just gained its independence from Spain. France seized this as an opportunity to expand its empire and launched an assault at Veracruz, a 600-mile march from Mexico City. An underwhelming Mexican militia of 4,500 led by Zaragoza met the 8,000 well-armed French troops at Puebla. Though the French army was considered the greatest fighting force in the world, the Mexicans defeated the French.

Six years later, France withdrew its claim on the country. But it was this May 5 David-versus-Goliath moment that instilled a new sense of patriotism and national pride in the young country of Mexico.

Show Your Birthday Colors

May 1-6: Pink You are well-known for your kindness and sweet demeanor. You are the first to offer a hug or shoulder to cry on and know how to make anyone smile. You’ve also got a wicked sense of humor. **May 7-15:** Blue You are very artistic, and others admire your creativity. You are noble and honest, and your family and friends know they can trust and confide in you. You exercise patience when handling difficult situations. **May 16-24:** Gold You have a happy-go-lucky spirit and spread cheer wherever you go. You are always there for others, and you cheer up your friends and family after a bad day. Making new friends is a breeze for you with your outgoing personality. **May 25-31:** Red You have a competitive streak and love a good challenge, but you are always a good sport, win or lose. It can take time for you to warm up to new friends, but once you do, they are your friends for life. You are sincere.



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

Thankful Connections

NSNCW.ORG | #NSNCW

Be sure to check out the Thankful Connections Paper Chain Station in the Town Center during our Skilled Nursing Celebration the week of May 11-17!!

This chain can symbolize the Tapestry of Life, with each link representing an individual’s unique story, experiences, and gratitude. Just as a tapestry weaves together different threads to create something beautiful, this chain connects the lives of those in your community, forming a visual representation of shared memories, appreciation, and togetherness. Over time, the chain will grow, reflecting the strength and unity of your community.

RESIDENT ENGAGEMENT



BIRTHDAYS



Paul - 2nd
Imogene - 5th
Kay - 25th



Resident Council

REGENT PARK REHAB

Official Memo

Re: May Happenings in our Community
Vote for activities, outings & have
your voice heard in our monthly meeting.

Date: Monday, May 19th @ 3PM

LIFE ENRICHMENT



Check out the Activity Calendar

ALL ARE WELCOME

WHERE TO NEXT?!

OUTING SIGN UP



Make sure to stop by the Life Enrichment office, located in our Town Center next to the Beauty Shop to sign up for the next outing! Seats are limited.



STAFF ENGAGEMENT

Birthday

- Necol Williams, Nursing – May 2nd
- Sandra Phomakay, Nursing – May 3rd
- Veronica Castillo, Nursing – May 4th
- Rachel Clark, Activities – May 8th
- Natalie Razey, Therapy – May 8th
- Christine Corriston, Activities – May 9th
- Jade Christenson, Activities – May 10th
- Adrian Matta, Therapy – May 11th
- John Ricketts, Dining – May 11th
- Alicia Anderson, Dining – May 13th
- Betty Shelburg, Environmental – May 24th
- Donnie Bennett, Dining – May 24th
- Ashlea Shogren, Therapy – May 26th



- Heather Norris, Therapy – 1 year
- Alexa Holland, Nursing – 1 year
- Karen Bolton, Therapy – 1 year
- Raygon Schell, Nursing – 1 year
- William Earl, Dining – 1 year
- Jonathan Earl, Dining – 1 year
- Brittney Dauber, Dining – 1 year
- Hanna Mouak, Nursing – 2 years
- Tyler Crisler, Nursing – 2 years
- Bianca Roebuck, Nursing – 4 years
- Libby Weed, Therapy – 6 years
- Adrian Matta, Therapy – 9 years
- Natalie Razey, Therapy – 9 years
- Doug Parham, Therapy – 9 years
- Kara Borchers, Therapy – 9 years
- Joe Patton, Therapy – 9 years
- Janet Hernandez, Therapy – 9 years
- Tyra Wolfe, Therapy – 9 years
- Wes Bacon, Therapy – 9 years
- Michelle Marotta, Therapy – 9 years
- Celicia Caldwell, Nursing – 12 years
- Betty Shelburg, Environmental – 12 years



Nachaka Assistant Director of Nursing

It is with great excitement to announce that Nachaka has been promoted to the ADON position!!!



Raygon Nursing Care Coordinator

We are happy to announce that Raygon has transitioned off the floor & will take over Nachakas former role.

ANNIVERSARY



Shawna



Cee Cee



Jodi



Alex

RISING STARS OF THE MONTH

Rising Stars are randomly selected monthly by HR from STAFF who have turned in a SHOUT OUT card from the previous month. Shout Outs are given for recognizing STAFF going above & beyond there job duties! Check out our Facebook Page for weekly updates

april EMPLOYEE OF THE MONTH Wes Bacon



Wes started working at Regent Park in 2012 as an Occupational Therapist and has been an amazing asset to the therapy and Regent Park team since. He is always willing to lend a helping hand and is the brawn that we call upon. Wes is loving doing the Dad thing with his 2 young daughters and his wife. We are grateful for all of his years of service here at Regent Park. -Ashlea Dir. of Rehab

BIGGEST LOSER WINNER



Dally





ICE CREAM FLAVOR OF THE MONTH:
**BROWN BUTTER
BOURBON TRUFFLE**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>4-7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153 10:00 Thank you Cards 10:30 Communion - AR 1:00 NEWS/SPRING CH. 10 2:00 Sunday Sundaes</p>	<p>5 6:00 Skip Bo 10:00 Moving & Grooming with Otis 100 Rosary 2:00 Sung & Bingo -BD 6:00 Penny Games</p>	<p>6 6:00 Mancala 10:00 Themed Fitness 10:00 Trivia -BD 2:00 KITCHEN HELPERS -OREO BALLS- 6:00 Uno</p>	<p>7 6:00 Scrabble 10:00 Trucker Battered -BD 2:00 BINGO -BD MINI PIES</p>	<p>8 6:00 Board Games 10:00 SUNCATCHERS 130 MOVIE & POPCORN</p>	<p>9 6:00 Scrabble 10:00 Themed Arranging 2:00 Happy Hour w/ Ron Binkley -TC 6:00 Scrabble</p>	<p>10 6:00 Scrabble 10:00 PAINT FLOWERPOIS 1:30 BINGO -BD</p>
<p>11-7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153 10:00 MEMORIES WITH MOM 10:30 Communion - AR 1:00 NEWS/SPRING CH. 10 1:30 Mother's Day Tea</p>	<p>12 6:00 Skip Bo 10:00 POKER HATS 100 Rosary -BD 2:00 BINGO -BD Ice Cream of the month 6:00 Penny Games</p>	<p>13 6:00 Uno 10:00 COLOR ME QUILT 1:00 Birthday Social w/ Michelle</p>	<p>14 6:00 Scrabble 10:30 FIREBIRDS 2:00 BINGO -BD SNOW CONES</p>	<p>15 6:00 Skip Bo 10:00 HUNGRY HIPPO 200 WATERMELON FEED</p>	<p>16 6:00 Dot to Dot 10:00 Grandparents Memorial 2:00-3:30 13TH ANNIVERSARY PARTY</p>	<p>17 6:00 Puzzles 10:00 CELEBRATING ARMED FORCES DAY 1:30 BINGO -BD</p>
<p>18-7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153 10:00 BUCKET RING TOSS 0:30 Communion - AR 1:00 NEWS/SPRING CH. 10 2:00 ROOTBEER FLOATS</p>	<p>19 6:00 Uno 10:00 Moving & Grooming with Otis 100 Rosary -BD 2:00 BINGO -BD 3:00 Resident Council</p>	<p>20 6:00 Penny Game 10:00 Jeopardy 2:00 PEACHY FARMERS</p>	<p>21 6:00 Mancala 10:30 Red Lobster 2:00 BINGO -BD FUDGE BARS</p>	<p>22 6:00 Dot to Dot 10:00 TRAVEL LOGUE -THE GREAT LAKES- 2:00 LONE ON FLESH! 6:00 Dot to Dot</p>	<p>23 6:00 Yahtzee 10:00 Jewelry Making 2:00 Slappy Hour w/ GREG -TC</p>	<p>24 6:00 Phase 10 10:00 NAME THAT TUNE 1:30 BINGO -BD</p>
<p>25-7:00a/6:00p Mass Ch. 153 8:30a/2:30p Rosary Ch. 153 10:00 PATIO CHAT 10:30 Communion - AR 1:00 NEWS/SPRING CH. 10 2:00 Sunday Sundaes</p>	<p>26 6:00 Color by number 10:00 Rosary -BD 1:00 MEMORIAL DAY SOCIAL</p>	<p>27 6:00 Board Games 10:00 SENGWICK COUNTY 100 2:00 Ladies Tea</p>	<p>28 6:00 Puzzles 9:45 BINGO -BD 11:15 WINDSURGE BASEBALL</p>	<p>29 6:00 Uno 10:00 BAKING DEMO w/ CHEF JOHN 1:30 Movie & Popcorn</p>	<p>30 6:00 Scrabble 10:00 TIK TAK TOE 2:00 Happy Hour w/ Rick -TC</p>	<p>31 6:00 Dot to Dot 10:00 BALLOON SMASH 1:30 BINGO -BD</p>

Evening Activities are Self Directed. Sunday evening activity is your choice.

Activities subject to change without notice please check bistro board for any changes

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